

ROTARY CLUB CHANDIGARH UPTOWN

DISTRICT 3080 ZONE-VII CLUB NO. 91085

RI President : Rtn. Stephanie Urchick | Distt. Governor : Rtn. Rajpal Singh | President : Rtn. Vijay Kumar Dhall | Secretary : Rtn. Amrik Singh Vraich

Monthly News Bulletin of Rotary Club

Issue : December 2024

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Rtn. Amrik Singh Vraich 98726 56726

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Rtn. Rajendra Pratap 95605 09659

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Rotary Club Chandigarh Uptown, Chandigarh

We value your feedback you may write to us or send your stories for publication in this bulletin at email: uptownrotarychd@gmail.com

Celebrating Excellence!

Rotary Club Chandigarh Uptown proudly receives recognition from District Governor

Rotary Club Chandigarh Uptown is delighted to share that we have been honored by District Governor Rtn Raj Pal Singh with a prestigious trophy and certificate, recognizing our exceptional projects and initiatives carried out during November 2024. This acknowledgment is a testament to the dedication and hard work of our members who strive to make a difference in the community. We extend our sincere gratitude to DG Rtn Raj Pal Singh for his encouragement and for celebrating our commitment to service above self. This recognition inspires us to continue our mission of creating meaningful impact and fostering positive change. Together, we move forward with renewed energy to serve and uplift!





Celebration of 5th Annapurna Event

The 5th Annapurna event was held on November 2, 2024, on the occasion of Govardhan Pooja (Annakut), at the parking area between KLV Signature Towers and Falcon View, Sector 66-A, Mohali. Over 500 people were served at the langar, generously sponsored by Ann Achla Taneja and Rtn Avinash Taneja. The following Rotarians participated in the project:

1. Rtn Manmohan Luthra

- 2. Rtn Hari Om Verma
- 3. Rtn Dr. Jashwant Singh
- 4. Rtn Rajendra Pratap
- 5. Rtn Mahesh Arora
- 6. Rtn K K Walia
- 7. Rtn Arun Kamboj
- 8. Rtn Avinash Taneja
- 9. Rtn Amrik Singh Vraich
- 10. Rtn Vijay Kumar Dhall







Chartering of new Interact Club by Rotary Club Chandigarh Uptown at Govt Sr Secondary School, Daulat Singh Wala, Mohali (SAS Nagar)

We are thrilled to announce the chartering of the 21st Interact Club of this year, led by the Rotary Club of CHANDIGARH UPTOWN. A huge congratulations to President Vijay Kumar Dhall for taking the initiative and successfully establishing this vibrant new Interact Club.

This achievement marks a significant milestone in our district, and we are incredibly proud of the dedication and leadership shown by President Vijay and his team. The Interact Club will be a beacon of service and community engagement, inspiring young leaders to make a positive impact in our society.

Congratulations to all involved, and here's to a year filled with service, leadership, and growth!

MANY MORE TO FOLLOW

Atul Tangri.

Dist Interact Chair. Dist 3080 (2024-25)



Guest Speaker - Meet on Health and Hygine

On 6th November, Dr. Inderdeep Kaur, Medical Officer of Health, Chandigarh, was invited as a guest speaker who shared insights into several key initiatives, including projects focused on cleanliness, child health, and maternity care. An engaging interactive session followed, where members shared ideas and improvements observed in cleanliness drives. President Rtn. Vijay Kumar Dhall extended the club's support for administrative activities and assured collaboration on future

projects. Dr. Kaur also highlighted the need for renovating school toilets and requested support, to which the club pledged full cooperation. A memento was presented to Dr. Kaur in appreciation. On this occasion our new member Rtn. Ashima Dhawan was pinned in as a Rotarian and a special celebration was held for the wedding anniversary of Rtn. Jyoti Nauheria and Rtn. Bhunesh Nauheria, marked by a cake-cutting ceremony. A total of 19 members were present during the occasion.









Donation to Rotary Blood Bank Society Resource Centre, Chandigarh

Rtn H O Verma, Director (International) of Rotary Club Chandigarh Uptown, Chandigarh made a generous donation of Rs 1,00,000/- (Rs. One lakh only) to Rotary Blood Bank Resource Centre, Chandigarh. Great gesture, our members are proud of him.



Installation Ceremony of the Interact Club at Government Senior Secondary School, Daulat Singh Wala, Pabhat, Mohali













The Installation Ceremony of the Interact Club at Government Senior Secondary School, Daulat Singh Wala, Pabhat, Mohali was held on Monday, November 11, 2024.

It marked the official launch of the new Interact Club team. In a show of support, Rotarians attending the event generously contributed a seed amount of Rs 2,500/- to help kickstart the club's activities The following Rotarians were present on the

occasion:

- 1. Rtn. Manjula Walia
- 2. Rtn. Alka Dhall
- 3. Rtn. Ashima Dhawan
- 4. Rtn Surinder Khanna
- 5. Rtn. Avinash Taneja
- 6. Rtn. Amrik S Vraich
- 7. Rtn Vijay Dhall

Traffic Awareness Camp at Govt Sr. Secondary School, Daulat Singh Wala, Mohali

The Rotary Club of Chandigarh Uptown in association with Chandigarh Traffic Police held a Traffic Awareness Program at Government Senior Secondary School, Daulat Singh Wala, Pabhat, Mohali, on November 11, 2024, with over 500 students participated. Students were honoured with trophies and books for answering the questions about traffic awareness.

Key takeaways:

Traffic Rules

- 1. Obey Signals: Follow traffic lights strictly.
- **2. Speed Limits:** Drive within limits, especially near schools.
- 3. Pedestrian Rights: Yield at crosswalks.
- **4. Avoid Distractions:** No mobile use while driving.
- 5. No Drunk Driving: Stay sober on the road.

Helmet Safety

1. **Proper Fit:** Helmet should fit snugly and level.

- **2. Secure Strap:** Always fasten the chin strap.
- 3. Condition: Replace damaged helmets.
- **4. Certified Helmets:** Use ISI/DOT-certified helmets.
- **5. Visibility & Comfort:** Choose reflective, ventilated helmets.

The program promoted lifelong road safety habits, showing how small actions, like wearing a helmet and following signals, can save lives.

The following Rotarians were present on the occasion:

- 1. Rtn. Manjula Walia
- 2. Rtn. Alka Dhall
- 3. Rtn. Ashima Dhawan
- 4. Rtn Surinder Khanna
- 5. Rtn. Avinash Taneja
- 6. Rtn. Amrik S Varaich
- 7. Rtn Vijay Dhall



















Celebration of Children Day at Govt Senior Secondary School of Eminence, Bakarpur

The Rotary Club of Chandigarh Uptown celebrated Children's Day on November 14, 2024, at the Govt Senior Secondary School of Eminence in Bakarpur. The event featured a variety of cultural performances by the students, creating a lively and festive atmosphere. The club provided refreshments to 375 students, adding to the joy of the celebration. The following Rotarians graciously

participated in this meaningful project:

- 1. Rtn. Surinder Khanna
- 2. Rtn. Manmohan Luthra
- 3. Rtn. Avinash Taneja
- 4. Rtn. Dr. Manjeet Singh
- 5. Rtn. Amrik Singh Vraich
- **6.** Rtn. Vijay Kumar Dhall

Career Guidance Workshop at Govt Senior Secondary School of Eminence at Bakarpur

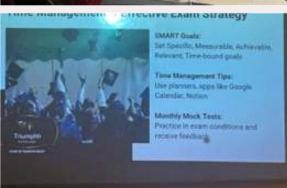
The Rotary Club Chandigarh Uptown organized a Career Guidance Workshop at Government Senior Secondary School of Eminence, Bakarpur on 14th November, 24, where seventy-five students from grades 9 to 12 participated enthusiastically. Their combined efforts made a significant impact on the students' career planning and aspirations. Additionally, the vibrant Interact Club members contributed to organizing the program smoothly, further enhancing the event's success. The workshop was led by Rtn. Dr. Manjeet Singh, a certified trainer through NSDC and TSHC, and a Six Sigma Black Belt. A lively Q&A session

followed, with students actively engaging and seeking guidance on various career paths.

The following Rotarians contributed to the success of this initiative:

- 1. Rtn. Surinder Khanna
- 2. Rtn. Manmohan Luthra
- 3. Rtn. Avinash Taneja
- 4. Rtn. Dr. Manjeet Singh
- 5. Rtn. Amrik Singh Vraich
- 6. Rtn. Vijay Kumar Dhall











Joint Meeting held with Rotary Club of Diraja Kuala Lumpur Facebook Post By Host Club 14th November 2024

On November 14, 2024, the Rotary Club of Kuala Lumpur DiRaja (RCKLDR) had the privilege of hosting a delegation of 10 members from the Rotary Club Chandigarh Uptown, led by their President and Assistant Governor. The evening was a perfect blend of fellowship, cultural exchange, and Rotary camaraderie, leaving everyone with lasting memories.

Representing RCKLDR at this special dinner were President Dr. Alaric, Past Assistant Governor (PAG) Dato' Ram and his spouse Datin Lydia, Rotarian Dato' Dr. Prakash and his spouse Datin Malar, Community Service Director Dato' Dr. Sheen and his spouse Datin Sharan, PAG Hardeep, and Rotarian Ajitpal along with his spouse, Dr. Mankiran. The mix of Rotarians and Rotary Anns added warmth and vibrancy to the evening, embodying the spirit of Rotary fellowship.

The dinner was a lively affair, filled with engaging conversations about the projects undertaken by both clubs. The ceremonial exchange of club banners by both Presidents stood as a symbol of the growing bond between the two clubs, representing our shared commitment to making a difference in our communities. Adding a personal touch, RC Chandigarh Uptown presented gifts of elegant neckties and a generous USD 200 contribution to RCKLDR President Dr. Alaric's project—a gesture deeply appreciated by everyone.

The evening was more than just formalities; it was a celebration of friendships, shared passions, and cultural appreciation. As laughter and stories filled the air, our guests expressed their delight at the warm hospitality and the opportunity to experience Malaysia's rich culture. In turn, we were fascinated by their stories of service and the vibrant traditions of India and Punjab.

The night ended on a high note with RC Chandigarh Uptown extending a heartfelt invitation for RCKLDR to visit them in Punjab—a gesture that reflects the true essence of Rotary fellowship. As we bid farewell, we were filled with gratitude for the opportunity to connect across borders and excited about deepening this partnership in the future.













Installation of Rotaract Club At Amity University, Punjab Mohali and Charter Presentation

The Rotary Club Chandigarh Uptown successfully installed the Rotaract Club of Amity University, Mohali in a momentous ceremony. During the occasion DRR Rtn. Shashank Kaushik, DRCC Rtn. Mohit Singla, and President Rtn. Vijay Kumar Dhall shared their inspiring thoughts with the audience. Dean Ms. Shivali Dhingra and Registrar Dr. Dalip Kumar motivated the students with their encouraging words. The formal presentation of the charter to Amity University marked a significant milestone in the collaboration. The meeting concluded with a vibrant cultural program, celebrating the spirit of unity and service. The following Rotarians were present on the occasion.

Rotarians from Rotary Club Chandigarh Uptown:

Rtn. Surinder Khanna, Rtn. Manmohan Luthra

Rtn. Ajay Gupta, Rtn. Avinash Taneja

Rtn. K.K. Walia, Rtn. Manjula Walia, Rtn. Bani Kamboj, Rtn. Vijay Narang, Rtn. Amit Chahal

Rtn. Ashima Dhawan, Rtn. Nanki Kaur, Rtn. Alka

Dhall, Rtn. Amrik Singh Vraich, Rtn. Vijay Kumar Dhall

District Representatives:

DRCC Rtn. Mohit Singla, DRR Rtr. Shashank Kaushik, ADRR Rtr. Riya Wadhwa

The meeting served as a memorable occasion, marking the successful establishment of a new Rotaract Club and fostering a strong spirit of fellowship and service.









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डेमोऋेटिक फंट मोहाली, एमिटी यनिवर्सिटी ने एमिटी रोटारैक्ट क्लब के चार्टर प्रेजेंटेशन और इंस्टॉलेशन समारोह का आयोजन किया जिसमें रोटेरियन



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भो हाली (आप का क्षेत्रका)। पर्मिंची पुणिवार्थिते, मोहास्ती पं प्रिमंदी पुणिवार्थिते, मोहास्ती पं प्रिमंदी पुणिवार्थिते, मोहास्ती पं प्रिमंदी पुणिवार्थिते, मोहास्ती पं प्रमानेह का आयोजन किया। इस पंजित्यार्थिक सम्मानेह का आयोजन किया। इस पंजित्यार्थिक सम्माने होंगिया (प्रश्नेपन के जीन), और डॉ. साहित एक प्रिमंदी सोगाला (रोटेंक्टर के दिला अप्रभाश), डॉ. रिकारी प्रमाने प्रीतिक्रत सभा प्रमानेह हुई। रतसीय कुमार राजित्य के प्रीतिक्रत सभा प्रमानेह हुई। रतसीय कुमार राजित्य के प्रमानेहित सभा प्रमानेहित सभा प्रमानेहित सभा प्रमानेहित सभा के प्रमानेहित सभा प्रमानेहित सभा के प्रमानेहित सभा प्रमानेहित हित्युक्ट रोजित्य के प्रमानेहित सभा प्रमानेहित सभा प्रमानेहित रोजित्य स्था के प्रमानेहित सभा प्रमानेहित ाववय कुशार करा न आध्यकारक सार पर सथ पर विकायिकारण के प्रतिविधिक्यों, डॉ. तिकाली सींगत (प्रसंधन के डीन), और डॉ. दालीच कुशार (रॉकाट्स, एपिटी चुनिवासिटी, फोडाली) के रोटारिय कराच चार्टर प्रकृत किया, जिक्सो औरचारिक स्थापना को सत्वसूती मिली। क्लब कर आरचारत्व स्थापण का वस्तृत्व (प्रशा करा करा । गरिरी करा चंद्रीपड़ अपदान इत्या प्रशीवत और गरिरीकर डिमैट्सर 3000 के तहा स्थापित इस गरिरीकर कराव में सामुदायिक कर्माणा और नेतृत्व विकास के प्रति विश्वविद्यालय की प्रतिवद्धात में एक महत्वपूर्ण चीत का प्रथम साविक क्रिया। में प्रका महत्वपूर्ण चीत का प्रथम साविक क्रिया। में प्रका महत्वपूर्ण चीत का प्रथम साविक क्रिया। में प्रकाश महत्वपुर्व स्थापित होती वर्ष के खार, अध्यक्ष गरिरीकर प्रविद्य मित्र के लेड्डल में नेतृत्व टीम को जिम्मेदारियों और नेतृत्व के

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Amity University-Mohali students form Rotaract Club, pledge community service

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रोटरेक्टर शशांक कौशिक ने नवस्थापित एमिटी रोटारैक्ट क्लब के पदाधिकारियों का मार्गदर्शन किया



ब्यूते, मुझ्मांव मेला

मोहाली। एमिटी पुनिवर्गिटी ने पमिटी रोटरिक्ट कराब के चार्टर प्रेजेटेशन और इंस्टॉलेशन समारोह का आयोजन किया जिसमें रोटेरियन विजय कुमार दलन (पेरेंट कलब रोटेरियन शतांक क्षेत्रिक आपाथ). (जिल्हा रोटरेक्ट प्रतिनिधि), रोटेरियन मोतित सिगला (रोटरेक्ट के जिला अध्यक्ष), श्रॉ. शिक्सी क्षीमा (प्रबंधन के होन), दॉ. महित देशीय बुम्बर (र्गजस्टार, एमिटी यूनिवसिटी, मोहालों), वॉ. यनीप महातन और मुओ हरसिमारन कीर, एमिटी रोटरीकर स्थ के संबाध समन्त्रपक्त और अन्य प्रतिक्रित रोजीकर कार्यक्ष के मानमार्थे के साध-साध विराविषद्यालय के विविध

रीक्षणिक क्षेत्रों के विकासी भी राजिन बार। इस अध्यसर पर रोटेरियन विश्वय क्यार प्रत्य और रोटरेक्टर शासक क्रीतिक ने मध्यमधीयत कराब के पद्मिकारियों का मार्गदर्शन किया व रोटरिकट कलब चार्टर प्रस्तुत किया। रोटरी कलब, चण्डीगढ अपटाउन हमा प्राचीनत और रोटरेक्ट विस्ट्रक्ट ३०४० के तहत स्थापित इस रोटरिक्ट बलब ने सामुद्धियक सहभागिता के प्रति प्रतिबद्धतः जताई।

विवर्गनकरन बीरामधी माइबोलीजी, द्वितीय वर्ष के प्राप्त, अध्यक्ष रोटरेक्टर रमिटर सिंह के नेतृत्व में नेतृत्व टीम को तिम्मेदारियों और नेतृत्व के परिवर्तन को चिहित करते हुए एक कॉलरिंग समानेह के साथ शमिल किया गया था।

एमिटी यूनिवर्सिटी-मोहाली के छात्रों ने रोटारैक्ट क्लब बनाया, सामुदायिक सेवा का संकल्प लिया

र्रापटी पुरिवर्शिते, मोरान्ते ने ती पंचाब पेटरीबट बाल्य के पहले प्रेजिंगा और प्रशासित सामीत का arrier fire; pe ifemfes urier i tiffes fore que un (tit una arre); tiffes unts ultim (fire tithe) प्रशास कारण (पाना पाना प्रशासीक), हंटीएमा संदेश रिकार (संदोक्त के जिल्हा कारण), प्र रिकार्ण सेंग्स्ट (प्रमान के प्रीर), और प्री स्थीत एक प्रतिवृत्त संप्त प्रमाणि हुई।

त्रकारत हो।

क्षेत्र कृता (गीकहर, इस्ति
श्रीकर्माती, मीक्सी), डी. वर्गेत्र
स्वात्रत और शुक्षी वर्गास्त्रक की । पिस्ती रिटरिक्ट काम के संबाद सम्बन्धक और अन्य प्रतिक्रत रोटरिक्ट काम के स्थापन होग्री में विश्वविषयालय के विवेचन सेव्योजक क्षेत्री के प्राप्त सर्वितन में, जो विश्वविषयालय को सम्पर्धीतन और ते से अस्ति भी मुख्या हैए



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sights from Sings With sales it. selvazira de uz ele Tanafeszen is sielalioit हुई, जो जर स्थापित सामन के न्यविकारी हुए तीन प्रजानीत करण तीमानी दीना (अर्थात के तीन), व्यविकार और सर्वादान में उससे अर्थादन और माँ मुख्यता का प्रतीस और रहे, उससे सुध्या (तीमाहार, प्रमानीतन पुरिचल का प्रतीस के हैं, है, स्थितर दिन को स्थापित के तिल्ल दूर्वामी सुध्यानी, नेपालों) को

रेटरीकट काल चटर प्रमुत किया तिसमी अ्टेशवरिक स्थापत की मरुक्ति चित्रते। काल का रेटरी काल चंडीगड़

अन्यान प्रशा वालीना और गेटरिक्ट विकेट्स उठके में सात व्यक्तिक प्रशासिक अपने के प्रशासिक प्रशासिक और वेतृत्व विकास के प्रति विकासीस्थालक की विकादान के प्रत्य कारणां कीए का प्रांत्य द्वार के प्रांत्य के प्रश्नात किर्माण का का किर्माण के प्रश्नात किर्माण का का का किर्माण को के प्राप्त, अन्तवस्थ सेट्रीकार प्रस्तात किर्माण के में स्थान तीन at finitefri ufr ters it परिवर्गन को निर्देश करते हुए एक कोलींग राज्योद के रहन राजिन किया गय भी कार्यक्रम का राज्यन वार्ती द्वारा भीत्रेण व्यवस्थित इन्तुलियों के पत्था हुआ, विकारी भारतपूर्व कवित्र पात, धनुत रीत और सुरा पूज प्रदर्शन शास्त्रिक के दिकाने प्रमाण कर अपनी जीवा और विकासीसहरूप की एकसामान sensor ist sphelidist factor

Ration Distribution for TB Patients under TB Mukt Bharat Abhiyan Organised





Rotary Club Chandigarh Uptown, in support of the TB Mukt Bharat Abhiyan, organised a ration distribution event for tuberculosis (TB) to 17 patients at Gurudwara Bhagwan Pura, near Primary Health Center (PHC) Kishangarh on 26th November, 24. This initiative aims to provide essential nutrition to TB patients, aiding in their recovery and supporting their health.

Following Rotarians participated in the project: -

- 1. Rtn Manmohan Luthra
- 2. Rtn Arun Kamboj
- 3. Rtn Amrik Singh Vraich
- 4. Rtn Vijay Kumar Dhall

A Proud Moment for All of Us!



We extend our warmest congratulations to Past President Rtn. Rajesh Kumar Jain on achieving PHF+2 and being awarded the prestigious PHF2 Blue Stones lapel pin. This remarkable milestone stands as a testament to his unwavering dedication and commitment to the ideals of Rotary. The PHF+2 level pinning was conferred upon PP Rtn. Rajesh Kumar Jain amidst warm applause and heartfelt appreciation from all members. Well done, Rtn. Rajesh Kumar Jain—an achievement truly worthy of admiration and celebration!



BIRTHDAYS and ANNIVERSARIES



Birthday		Marriage Anniversaries	
Date	Rotarian	Date	Rotarian
25th November 2024	Rtn Alka Gupta	11th November 2024	Rtn Bhunesh Nauheria &
28th November 2024	Rtn Jyoti Nauheria		Rtn Jyoti Gupta
28th November 2024	Rtn Parveen Singla	26th November 2024	Rtn Baljinder Sood & Rtn Anita Sood

Retirement The Beginning of New Adventures

As we close this edition of our newsletter, we extend our heartfelt congratulations to Rtn. Alka Gupta on her retirement from State Bank of India (SBI).

Throughout her career, Rtn. Alka has demonstrated immense dedication, hard work, and professionalism, leaving behind a legacy of excellence. While she bids farewell to her role at SBI, we are confident that

her journey of service and passion will continue to inspire those around her.

Rtn. Alka, we wish you a retirement filled with joy, good health, and exciting new ventures. Thank you for your valuable contributions, both to the banking industry and to Rotary. We look forward to seeing you embrace this new chapter with the same energy and enthusiasm that you've always brought to everything you do.



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Kawaljit Kaur, M.A., B.Ed., D.G.S. Principal



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